



## HELLAS GYM FESTIVAL 2024 Athens/Greece 16<sup>th</sup> – 19<sup>th</sup>, June 2024



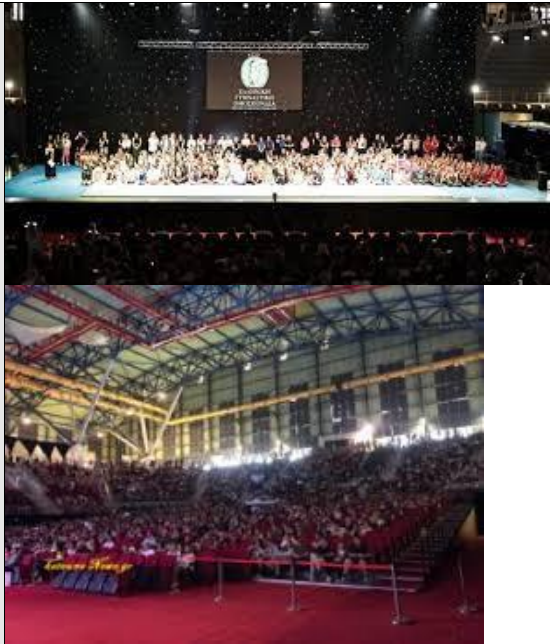
### DIRECTIVES

Dear National Federations,

Hellenic Gymnastics Federation has the pleasure to invite you to participate in the international Gymnastics for All event “HELLAS GYM FESTIVAL 2024” which will take place the period **16<sup>th</sup> to 19<sup>th</sup> of June 2024**, in the city of Athens (Greece). This event’s aim is to have fun by practicing and enjoying gymnastics in the city of Athens.

|                                   |  |
|-----------------------------------|--|
| <b>DISCIPLINE</b>                 | <b>Gymnastics for All</b>  |
| <b>HOST FEDERATION</b>            | <b>HELLENIC GYMNASTICS FEDERATION</b><br>37 Kifissias Ave., OAKA, EKAE Building<br>(Former Athlete’s Guesthouse) Opposite Fire Station,15123,<br>Marousi.<br>tel: 00302109882458<br>email: <a href="mailto:ego@otenet.gr">ego@otenet.gr</a><br>website: <a href="http://www.ego-gymnastics.gr">www.ego-gymnastics.gr</a>   |
| <b>LOCAL ORGANIZING COMMITTEE</b> | <ul style="list-style-type: none"><li>- Hellenic Gymnastics Federation</li><li>- Ellinoaggliki Agogi-Protoporia</li><li>- Municipality of Galatsi</li></ul>  |
| <b>LOCATION</b>                   | <b>Athens, Greece</b>  |
| <b>DATES</b>                      | <b>From 16<sup>th</sup> to 19<sup>th</sup> of June 2024</b>  |
| <b>VENUE</b>                      | <b>Christmas Theater , Galatsi Olympic Center. 137 Veikou Av.</b><br>(It was the venue where table tennis and rhythmic gymnastics were held during the 2004 Summer Olympics).<br><br>The venue has a seating capacity of 6.000.<br><br>The technical conditions ensure the implementation of film screenings, television recordings, and live broadcasts without restrictions.<br><br>mat FIG approved 14m X 14mX 0,35cm |





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|--|---|--|
|  |   |  |
| <b>FEDERATIONS INVITED</b>                   | All FIG member Federations, in good standing and their member clubs.  |  |
| <b>AGE LIMITS AND NUMBER OF PARTICIPANTS</b> | <ul style="list-style-type: none"> <li>- No age limits</li> <li>- Number of participants: min 10 - max. 70</li> </ul>   |  |
| <b>MUSIC</b>                                 | <p>Each team must send music file for their program to the following email address: <a href="mailto:hellenic.gymnastics.forms@gmail.com">hellenic.gymnastics.forms@gmail.com</a> <b>not later than May 10<sup>th</sup>, 2024.</b></p> <p>Music files have to be sent in .mp3-320 or .wav format.</p> <p>The email with the music files should include the following information:</p> <ul style="list-style-type: none"> <li>• The title of the program</li> <li>• The name of the club/team</li> <li>• The name of the coach in charge</li> </ul> <p>Coaches are also requested to keep in their possession two spare CDs containing only the music of the specific program for the rehearsal and the presentation. The name of the club, the title of the program and the participating club/team must be written on the CD.</p> |  |
| <b>AWARDS</b>                                | All participants will receive diplomas, medals and souvenirs of the event.  |  |
| <b>SCHEDULE</b>                              | Saturday June 15 <sup>th</sup> , 2024<br>Sunday June 16 <sup>th</sup> , 2024<br>Monday June 17 <sup>th</sup> , 2024<br>Tuesday June 18 <sup>th</sup> , 2024<br>Wednesday June 19 <sup>th</sup> , 2024<br>Thursday June 20 <sup>th</sup> , 2024  | Arrival & accreditation<br>1st day of "Hellas Gym Festival 2024"<br>2 <sup>nd</sup> day of "Hellas Gym Festival 2024"<br>3 <sup>rd</sup> day of "Hellas Gym Festival 2024"<br>4 <sup>th</sup> day of "Hellas Gym Festival 2024"<br>Departure |
| <b>EVENT MANAGER</b>                         | Ms. Semina TALANTI  |  |

|   |  |  |   |  |   |  |
|---|--|--|---|--|---|--|
| <b>INSURANCE</b>  | <p><b>All participants are responsible for making their own arrangements to have the necessary valid insurance.</b></p> <p>The Host Federation will verify the insurances upon arrival of the delegations and will not offer insurances on site.</p>   |  |   |  |   |  |
| <b>PARTICIPATION COST</b>   | <p><b>10,00€ / per participant</b></p> <p>In case of teams/clubs with 100 or more athletes a 10% discount will be provided on the total amount.</p> <p><b><u>IMPORTANT NOTE</u></b></p> <p>If the <b>same group participates in both events</b>, HELLAS GYM FESTIVAL and HELLAS GYM FOR LIFE CHALLENGE the <b>cost per participant will be 25,00€.</b></p>   |  |   |  |   |  |
| <b>ACCOMMODATION AND MEALS COSTS</b>  | <p>The costs <b>per person / per night (including breakfast &amp; dinner)</b> are as follows:</p> <table border="1" data-bbox="408 757 1077 1061"> <tr> <td data-bbox="408 757 1077 817"> <b>HOTEL NAFSIKA COCO-MAT 28 ROOMS</b> </td> </tr> <tr> <td data-bbox="408 817 1077 909"> <ul style="list-style-type: none"> <li>• Double room: 100,00€</li> <li>• Triple room: 82,00€</li> </ul> </td> </tr> <tr> <td data-bbox="408 909 1077 969"> <ul style="list-style-type: none"> <li>• *50% advance payment of the total accommodation costs with confirmation.</li> </ul> </td> </tr> <tr> <td data-bbox="408 969 1077 1030"> <ul style="list-style-type: none"> <li>• Free cancellation until 10/04/24, excluding the non-refundable amount of 20%.</li> </ul> </td> </tr> <tr> <td data-bbox="408 1030 1077 1061"> <ul style="list-style-type: none"> <li>• City tax: paid directly by guests at the hotel</li> </ul> </td> </tr> </table> <div data-bbox="464 1061 831 1518" data-label="Image"> </div> <div data-bbox="464 1536 911 1832" data-label="Image"> </div> | <b>HOTEL NAFSIKA COCO-MAT 28 ROOMS</b> | <ul style="list-style-type: none"> <li>• Double room: 100,00€</li> <li>• Triple room: 82,00€</li> </ul> | <ul style="list-style-type: none"> <li>• *50% advance payment of the total accommodation costs with confirmation.</li> </ul> | <ul style="list-style-type: none"> <li>• Free cancellation until 10/04/24, excluding the non-refundable amount of 20%.</li> </ul> | <ul style="list-style-type: none"> <li>• City tax: paid directly by guests at the hotel</li> </ul> |
| <b>HOTEL NAFSIKA COCO-MAT 28 ROOMS</b>  |  |  |   |  |   |  |
| <ul style="list-style-type: none"> <li>• Double room: 100,00€</li> <li>• Triple room: 82,00€</li> </ul>                           |  |  |   |  |   |  |
| <ul style="list-style-type: none"> <li>• *50% advance payment of the total accommodation costs with confirmation.</li> </ul>      |  |  |   |  |   |  |
| <ul style="list-style-type: none"> <li>• Free cancellation until 10/04/24, excluding the non-refundable amount of 20%.</li> </ul> |  |  |   |  |   |  |
| <ul style="list-style-type: none"> <li>• City tax: paid directly by guests at the hotel</li> </ul>                                |  |  |   |  |   |  |

### CIVITEL ATTIK HOTEL 22 ROOMS

- Double room: 137,00€
- Triple room: 112,00€

- \*50% advance payment of the total room/night cost with confirmation.
- Free cancellation until 10/04/24, excluding the non-refundable amount of 20%.
- City tax: paid directly by guests at the hotel



### BROWN KUBIC HOTEL 30 ROOMS

- Double room: 132,00€

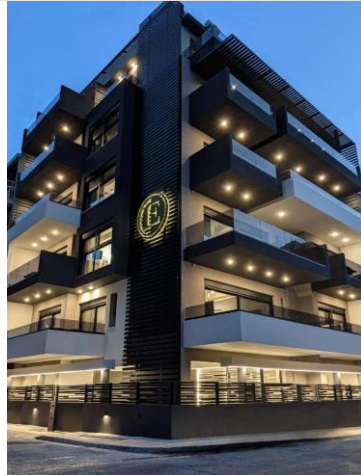
- \*50% advance payment of the total room/night cost with confirmation.
- Free cancellation until 10/04/24, excluding the non-refundable amount of 20%.
- City tax: paid directly by guests at the hotel



#### LUX & EASY 30 ROOMS

- Double room: 127,50€

- \*50% advance payment of the total room/night cost with confirmation.
- Free cancellation until 10/04/24, excluding the non-refundable amount of 20%.
- City tax: paid directly by guests at the hotel





#### **PACKAGE ALL IN**

#### **SCHOOL ACCOMMODATION ELLINOAGGLIKI AGOGI**

- Price per person/per night: 80,00€ including breakfast, lunch, dinner
- Transfer to/from Olympic Center Galatsiou:
  - School buses 24 seats: 10,00€ per person/per day
- \*50% advance payment of the total night cost with confirmation.




**\*LOC cannot guarantee hotel reservation if payment is made after the given deadline**

**\*\*Please note that depending on the date of booking confirmation, the availability of each hotel may change.**

Contact person: Maria Chougia  
[ellinoaggliskasprotoporia@gmail.com](mailto:ellinoaggliskasprotoporia@gmail.com)

|   |   |                         |                   |                    |                   |                         |                   |                        |                   |                      |                   |                                     |                   |  |                   |   |                   |                                     |                   |  |
|---|---|-------------------------|-------------------|--------------------|-------------------|-------------------------|-------------------|------------------------|-------------------|----------------------|-------------------|-------------------------------------|-------------------|--|-------------------|---|-------------------|-------------------------------------|-------------------|--|
| <b>LOCAL TRANSPORTATION</b>                       | <p>Anyone who wishes to have transfers to/from the airport and to/from the Olympic Center of Galatsi can ask for it at the time of the Definitive Registration.</p> <p>The relevant cost will be determined according to the number of participants and the duration of stay.</p>   |                         |                   |                    |                   |                         |                   |                        |                   |                      |                   |                                     |                   |  |                   |   |                   |                                     |                   |  |
| <b>CANCELLATION PLOICY OF PARTICIPATION COSTS</b> | <ul style="list-style-type: none"> <li>- <u>50% reimbursement</u> for cancellations made <b>by April 30<sup>th</sup>, 2024</b></li> <li>- <u>No reimbursement</u> for cancellations made <b>after May 1<sup>st</sup>, 2024</b></li> </ul>   |                         |                   |                    |                   |                         |                   |                        |                   |                      |                   |                                     |                   |  |                   |   |                   |                                     |                   |  |
| <b>BANK ACCOUNT INFORMATION</b>                   | <p><b>Payment for Participation costs:</b><br/> Beneficiary name (Account's Holder name):<br/> <u>Hellenic Gymnastics Federation</u><br/> Beneficiary address: 37 Kifissias Ave151 23 Maroussi, Greece<br/> Bank name: NBG BANK<br/> Bank address: 38 Stadiou str., 105 59 Athens/GRE<br/> IBAN: GR710110080000008048077666<br/> SWIFT CODE: ETHNGRAA</p> <p><b>Payment for Accommodation and transportation:</b><br/> Beneficiary name (Account's Holder name):<br/> <u>Protoporia</u><br/> Beneficiary address: 40 Avgis, N. IRAKLEIO ATHENS<br/> Bank name: NBG BANK<br/> Bank address:46 Eirinis Ave 15121 Pefki Athens<br/> IBAN: GR7301106720000067200190113<br/> SWIFT CODE: ETHNGRAA</p>                      |                         |                   |                    |                   |                         |                   |                        |                   |                      |                   |                                     |                   |  |                   |   |                   |                                     |                   |  |
| <b>DEADLINES SUMMARY</b>                          | <table border="1"> <tr><td>Definitive Registration</td><td><b>30.03.2024</b></td></tr> <tr><td>Accommodation Form</td><td><b>30.03.2024</b></td></tr> <tr><td>Nominative Registration</td><td><b>20.04.2024</b></td></tr> <tr><td>Accommodation by names</td><td><b>15.05.2024</b></td></tr> <tr><td>Travel Schedule Form</td><td><b>15.05.2024</b></td></tr> <tr><td>Payment 100% of Participation Costs</td><td><b>30.03.2024</b></td></tr> <tr><td>Payment of first 50% Accommodation Costs</td><td><b>30.03.2024</b></td></tr> <tr><td>Payment of second 50 % of Accommodation Costs</td><td><b>20.04.2024</b></td></tr> <tr><td>Payment of 100% Transportation fees</td><td><b>15.05.2024</b></td></tr> </table> | Definitive Registration | <b>30.03.2024</b> | Accommodation Form | <b>30.03.2024</b> | Nominative Registration | <b>20.04.2024</b> | Accommodation by names | <b>15.05.2024</b> | Travel Schedule Form | <b>15.05.2024</b> | Payment 100% of Participation Costs | <b>30.03.2024</b> | Payment of first 50% Accommodation Costs | <b>30.03.2024</b> | Payment of second 50 % of Accommodation Costs | <b>20.04.2024</b> | Payment of 100% Transportation fees | <b>15.05.2024</b> |  |
| Definitive Registration                           | <b>30.03.2024</b>   |                         |                   |                    |                   |                         |                   |                        |                   |                      |                   |                                     |                   |  |                   |   |                   |                                     |                   |  |
| Accommodation Form                                | <b>30.03.2024</b>   |                         |                   |                    |                   |                         |                   |                        |                   |                      |                   |                                     |                   |  |                   |   |                   |                                     |                   |  |
| Nominative Registration                           | <b>20.04.2024</b>   |                         |                   |                    |                   |                         |                   |                        |                   |                      |                   |                                     |                   |  |                   |   |                   |                                     |                   |  |
| Accommodation by names                            | <b>15.05.2024</b>   |                         |                   |                    |                   |                         |                   |                        |                   |                      |                   |                                     |                   |  |                   |   |                   |                                     |                   |  |
| Travel Schedule Form                              | <b>15.05.2024</b>   |                         |                   |                    |                   |                         |                   |                        |                   |                      |                   |                                     |                   |  |                   |   |                   |                                     |                   |  |
| Payment 100% of Participation Costs               | <b>30.03.2024</b>   |                         |                   |                    |                   |                         |                   |                        |                   |                      |                   |                                     |                   |  |                   |   |                   |                                     |                   |  |
| Payment of first 50% Accommodation Costs          | <b>30.03.2024</b>   |                         |                   |                    |                   |                         |                   |                        |                   |                      |                   |                                     |                   |  |                   |   |                   |                                     |                   |  |
| Payment of second 50 % of Accommodation Costs     | <b>20.04.2024</b>   |                         |                   |                    |                   |                         |                   |                        |                   |                      |                   |                                     |                   |  |                   |   |                   |                                     |                   |  |
| Payment of 100% Transportation fees               | <b>15.05.2024</b>   |                         |                   |                    |                   |                         |                   |                        |                   |                      |                   |                                     |                   |  |                   |   |                   |                                     |                   |  |
| <b>GENERAL</b>                                    | <ul style="list-style-type: none"> <li>❖ Groups should be present at the venue 30 minutes before the start of the beginning of their presentation</li> <li>❖ It is coaches' responsibility to have their Groups at the designated entry point in time, to present their program</li> <li>❖ The appearance of athletes and coaches must be strictly athletic.</li> <li>❖ The Organizing Committee will decide the resolution of issues that are not listed in these directives.</li> <li>❖ The Hellenic Gymnastics Federation reserves the right to modify, cancel or add to these directives for improving the organization of the event.</li> </ul>  |                         |                   |                    |                   |                         |                   |                        |                   |                      |                   |                                     |                   |  |                   |   |                   |                                     |                   |  |

Athens, 05/03/2024

  
Athanasios STATHOPOULOS  
President



  
Konstantinos PANTAZIS  
Secretary General

**HELLAS GYM FESTIVAL & HELLAS GYM FOR LIFE CHALLENGE 2024**

**16-19 & 20- 23 June 2024,  
DEFINITIVE REGISTRATION**

**Deadline: March 30<sup>th</sup>, 2024  
email to [ego@otenet.gr](mailto:ego@otenet.gr)**

**Name of Group :** .....

**Name of contact person :** .....

**Tel. number :** .....

**e-mail :** .....

- Participation for (yes/no):

HELLAS GYM FOR LIFE CHALLENGE 2024 .....

HELLAS GYM FESTIVAL 2024 .....

BOTH EVENTS .....

- Total number of participants: .....

**REGISTRATION**

By submitting registration, the groups and participants agree to the processing of personal data contained for logistical purposes related to this event and the publication of photos and/or videos for educational or communication purposes.

Με σχόλια [AT1]: ??

Date & Signature

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